

Child Intensive Outpatient Program

The Children's IOP (Intensive Outpatient Program) at Spring Mountain is a comprehensive, structured therapeutic program for children ages 9-11.

THE PROGRAM


The program is a short-term intervention for children who require immediate counseling and therapy, but whose needs are not severe enough for inpatient treatment. Our team will assess children and develop a treatment plan, which focuses on therapy needs and medications, if necessary. We provide a supportive environment in which they can learn healthy coping skills and self-awareness. In addition, the program serves as a bridge between inpatient hospitalization and outpatient counseling to allow for an easier transition.

FOR CHILDREN EXPERIENCING CHILDHOOD BEHAVIORAL AND EMOTIONAL DISORDERS

- anxiety disorder
- attention deficit hyperactivity disorder (ADHD)
- conduct disorder
- depression
- mood disorder
- aggression
- oppositional defiant disorder (ODD)

PROGRAM START DATE:

Monday- July 13th

If you are interested please call 

PROGRAM HOURS

Monday - Friday
9:00am to 11:15am
To Make a Referral,

**PLEASE CALL
702-322-1919**

PROGRAM STAFF

- Board Certified Child & Adolescent Psychiatrists
- Licensed Clinical Social Workers

WE'RE HERE TO HELP

Asking for help often feels like a scary hurdle to jump, but we're here to walk you through it. Take the first step in discovering what life without crisis can feel like. Call Spring Mountain at 702-322-1919 to schedule a no-cost, confidential assessment by one of our licensed behavioral health professionals. We're available 24 hours a day, 7 days a week to help determine your individual needs and help find the best program for you or your loved one.

